



Update

Spring 2023

Welcome Our New General Manager – Chris Summerall

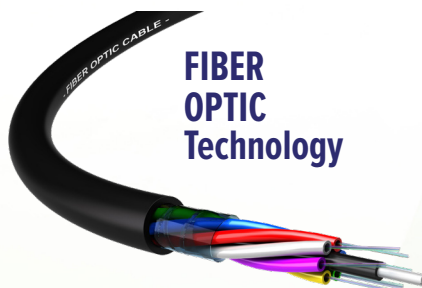


At the beginning of this year, Chris started as the new General Manager at Cascade Communications. On February 9, 2023, Chamber members & people from the community welcomed Chris with a meet and greet at Cascade Communications. Chris, his wife, Gini, and daughter, Nicole, moved to Cascade from Alaska, and so far, they are enjoying Iowa and the Cascade community. In his spare time, Chris enjoys fishing, hunting, and spending time with family. Please help us in welcoming Chris and his family. We are pleased to have Chris on board at Cascade Communications!

What is Fiber Optics?

Fiber optics is a way of sending information through thin fibers, or threads. The information may be sound, pictures, or computer codes. This information travels through the fibers in the form of light.

Optical fiber is tiny, about the diameter of a strand of human hair. It's made of silica (glass), chosen for its ability to reflect in a way that allows the light to transmit data efficiently. It's made up of a core, through which the light travels, cladding, which prevents the light from escaping, and a coating, which protects the fiber from damage and moisture. A single-mode fiber has a small core and can carry data longer distances, due to its ability to transmit a single laser.



Did You Know?

- Fiber = Bandwidth.** *Fiber has an incredibly high bandwidth capacity.*
- Fiber = Less outside Interference.** *Fiber is immune to interferences.*
- Fiber = Low Latency.** *Latency is the time it takes for a signal to travel to its destination.*
- Fiber = High Reliability.** *Poor weather conditions are not an issue for Fiber.*
- Fiber = Increased Speed.** *Fiber travels at about 70% of the speed of light.*
- Fiber = Long Lifespan.** *Once in place, has an estimated lifetime of 25 years or more.*



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Hours:

Monday - Friday
8:00am - 4:30pm

After hours trouble: 563-852-3710
Internet tech support: 800-205-1110
Tech Home support: 877-373-3320



Be sure to follow us on Facebook. See updates, tech tips, contests, recipes, specials & more!

Welcome New Employee - Lorrie Meier



Lorrie Meier joined our staff in November 2022. As a CPA, Lorrie will be handling all things Accounting and assist with customer service. Lorrie and her husband, Mark both grew up in Cascade/Bernard area. They have 3 children and 2 grandchildren. Lorrie enjoys outings on the side-by-side, watching her grandkids and spending time with family. We are happy to welcome Lorrie to Cascade Communications!

A Merry Holiday for Seniors

Santa made a visit to Accura Healthcare to hand out gifts for the Santa for Senior. All the residents loved their gifts and were so happy! Thanks to the wonderful generosity of our customers!



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PEEPSIE TREATS

Ingredients

- 7 c. Rice Krispies, divided
- 9 4-count packages Peeps, in three different colors
- 4 1/2 tbsp. butter, divided

Directions

- Grease an 8"-x-8" baking dish with cooking spray and line with parchment paper, then grease parchment paper with cooking spray.
- In a medium, microwave-safe bowl, combine 2 1/3 cup Rice Krispies, 12 Peeps of one color, and 1 1/2 tablespoons butter, then microwave until Peeps expand and butter is melted, 40 seconds. Using a spatula or greased hands, combine until fully mixed.
- Spread Peepsie mixture into baking dish, then press to flatten. Repeat with remaining colors.
- Refrigerate until solid, 15 minutes, then slice and serve.



DID YOU KNOW?

Fiber is expensive to fix and we have a lot of it in the ground!

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**Know what's below.
Call before you dig.**

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